



OBWC COVID-19 GUIDELINES FOR CLIENTS- MARCH 2023

BEFORE ARRIVING

Symptomatic clients and/or support persons are **NOT** permitted entry at the OBWC. After a positive RAT or PCR, clients are encouraged to isolate until symptoms have been improving for 24 hours (or 48 hours if gastrointestinal symptoms such as vomiting or diarrhea) and do not have a fever.

Please **inform your midwife** if you have been advised to isolate by Public Health or a healthcare provider following exposure or infection, and/or if you have any signs/symptoms of infection such as:

- Fever/Chills
- Cough or barking cough
- Shortness of breath, difficulty breathing
- Decreased sense or loss of taste or smell
- Muscle aches and joint pain
- Extreme fatigue or tiredness
- Headache
- Sore throat
- Runny or stuffed/congested nose
- Nausea, vomiting and/or diarrhea

Your midwife will determine if you meet the eligibility criteria for admission to the OBWC.



ON ARRIVAL – MASKS ARE REQUIRED IN ALL COMMON SPACES AT THE OBWC

Passive screening is in place at the OBWC. This means your midwife will be asking you questions about your health status related to COVID-19 before you come to the OBWC.

Rapid Antigen Testing kits are available to all people planning to use the OBWC. This is not a requirement for admission. Test kits will be provided *on request*.

MASKS ARE AVAILABLE THROUGHOUT THE CENTRE. IF YOU ARE RECOVERING FROM COVID-19, PLEASE FOLLOW OPH ISOLATION GUIDELINES AND PLEASE REQUEST AN N95 MASK UPON ENTRY.

REMINDERS ON ARRIVAL

- Perform hand hygiene REGULARLY throughout your time at the OBWC.
- Wear a mask in all shared/common spaces at the OBWC.
- The family lounge is open for use by families, masks must be worn at all times.
- Public washrooms and an outdoor patio space are available for use by families.

BIRTHING SUITES

There is no limit on the number of people permitted in birthing suites, however the space can accommodate 6 people while maintaining social distancing. Suggested maximum of 3 people per *assessment* room.

Mask wearing is recommended and strongly encouraged in the birthing suites. Discuss safety measures with your midwife prior to your admission to the OBWC.

During your stay, OBWC staff will be available to answer questions and help you with anything you need.